## FORGIVENESS PROCESS TOPICS (Alignment in love, joy and harmony between my intentions and my perceptions)

What I want for myself	What I have / get for myself
(my true nature)	(my reality)
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.

When both columns are not a perfect harmony and alignment between what I want and what I have/experience in my reality, it is a sure indication of a blockage of truth between intention and perception that needs to be addressed through the forgiveness process!