

EPILOGUE

Dear Reader,

The purpose of each tool in this book and our work is to support the healing of ourselves, each other and the planet.

People from many nations are working with and supporting these tools. Will you join with our International Heartland family in being response-able, using the tools and perhaps become the voice that will bring peace and healing to the world?

If anger or upset in any form play a part in your relationships or life, will you choose to be a voice for peace?

Blessings,

michael, michael jay and christa joy