

# Who Am I!?



**Who am I?**

**I am somebody!**

**I am Bright, Capable, and Loveable.**

**I am Teachable and Learn Easily.**

**I tell the Truth and am a Gentle Listener.**



**I Respect myself and others.**

**I am Co-operative and Responsible  
for my feelings and choices.**



**I see the highest and best in myself and others and  
support that with my thoughts, words and actions.**

**I use time wisely because it is valuable.**

**I am the best me I can be each day.**

**I am somebody!**

**I am Love.**

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*From the book Healing Children - Loving Children by Julie Haverstick*

*Based on My Commitment, dr. michael ryce* <sup>TM</sup>1986, 1994, 1998, 1999, 2007, 2013, 2017

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