

On Creating Consciously was another eye-opener for me. I have been trying to change the effects of my life instead of the causes. That is insanity – doing the same thing and yet expecting a different result. It won't happen. Then to add to the craziness is the fact that by focusing on the effect I have actually created more of the same. I am going to change the seeds I sow because I definitely want a different crop. I am going to change MY WORLD ... then I think it will spread and change other people's world as well. That is my goal anyway.