

UNITY OF BIRMINGHAM

2803 Highland Ave., Birmingham, AL (205) 251-3713

“LIVING, NOT SAYING THE LORD’S PRAYER” SUNDAY SERVICE FEBRUARY 17, 2019 11:00 AM

(service is followed by Light Lunch or bring your own Brown Bag Lunch)

WHY IS THIS HAPPENING TO ME . . . AGAIN?! SUNDAY FEBRUARY 17, 2019 1:00 - 4:00 PM

♥ THE HUMAN ENERGY SYSTEM

♥ THE HUMAN MIND

♥ HEALING GUILT AND FEAR

♥ FORGIVENESS

A unique, original syntheses of science, Naturopathic medicine, spiritual psychology and theology rich with insights from the ancient Aramaic language. A workshop that offers workable *tools for self healing* and putting an end to recurring life patterns. **A clear message of hope for healing our human family!**

A COURSE IN MIRACLES: WHAT IS THE WORLD? SUNDAY FEBRUARY 17, 2019 5:00 - 6:30 PM

dr. ryce has taught *The Course In Miracles* for over 30 years and has been proclaimed a “teacher of teachers”. One participant, who has studied *The Course* for several years said, “I realize now *The Course* is like a giant jigsaw puzzle and until now I didn’t have the box top. Everything just fell into place! What I knew from my years of study of *The Course* I now understand! My enthusiasm for *The Course* has skyrocketed!”

ON CREATING CONSCIOUSLY MONDAY FEBRUARY 18, 2019 7:00 - 9:00 PM

♥ DISCOVERING YOUR PURPOSE

♥ UNDOING BLOCKS TO EXPRESSION

♥ FOUR STAGES OF PROSPERITY

♥ THE LINKS BETWEEN ABUNDANCE AND FORGIVENESS

This workshop presents simple processes for getting clear on achieving what you want and letting go of what you don’t ... to *Put Away Aimlessness and Weakness ... to Do Confidently and Accomplish Masterfully!*

Discover your purpose and integrate it into your life. **AN EXPLOSION IN CREATIVITY!**

HEALING THROUGH RELATIONSHIPS TUESDAY FEBRUARY 19, 2019 7:00 - 9:00 PM

♥ WHY RELATIONSHIPS . . . COMMITMENT . . . OR LOVE???

♥ WHY BOTHER?

♥ Moving Through Fear and Guilt to *Real Love*

♥ *How to Form* Healing Relationships

♥ *See* how to use forgiveness in relationships.

An experiential workshop focused on learning *usable relationship skills*.

Gain awareness of issues that “keep you stuck” and tools that work!

COMMUNICATION - DID YOU HEAR WHAT I THINK I SAID? WEDNESDAY FEBRUARY 20, 2019 7:00 - 9:00 PM

♥ ENHANCE ALIVENESS

♥ SUPPORT CREATIVITY

♥ OPENS MUTUAL SUPPORT AND COMMUNICATION IN RELATIONSHIPS

♥ PROVIDE A SYSTEM FOR SPOTTING AND CHANGING LIFE PATTERNS

See with clarity the detrimental effects of “projection communication” and grasp the simple shift

Required to *enter the safety and effectiveness* of “respons-ability communication.”

EXPERIENCE THE HEALING EFFECT OF TRUE COMMUNICATION!

CIRCLE OF LIFE AND HOW TO PLAY IT THURSDAY FEBRUARY 21, 2019 7:00 - 9:00 PM

♥ DOES LIFE SEEM TO KICK YOU WHEN YOU LEAST EXPECT IT? ♥ THE ANSWER IS HERE!!

♥ HAVE YOU NOTICED THAT EACH TIME “IT” HAS HAPPENED, YOU’VE BEEN THERE?

♥ ARE YOU INTERESTED IN UNCOVERING YOUR PART IN WHAT HAPPENS IN YOUR LIFE?

Blockage of truth is the normal state of the average human mind. Information one wishes not to see inhibits the ability of the mind to show that information. To see through this blockage one must have guidelines for determining the appropriateness of behavior. This workshop provides empowering behavioral guides with which to keep your own mind on track and always have the highest and best information possible for making your decisions, opening to actual choices!

“THE LAST SET OF SELF-HELP TOOLS YOU WILL NEED TO USE”

dr. michael ryce

273 County Road 638, Theodosia, MO 65761 (954)205-4996 www.whyagain.org
(DONATIONS ACCEPTED)

FREE APP: “HeartLand Aramaic Forgiveness” in App Stores

FREE Book: Download at www.whyagain.org

FREE 5 day/week support call into our Radio Show 1-2 PM EST (563)999-3581

www.blogtalkradio.com/mindshiftersradio

**9 FREE
WORKSHOPS
(205)
251-3713**



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NATUROPATHIC KEYS TO HEALTH

FRIDAY FEBRUARY 22, 2019 7:00 - 9:00 PM

- ♥ FOOD COMBINING ♥ WHY LIVE FOODS ♥ THE HUMAN ENERGY SYSTEM
- ♥ DIGESTION AND EMOTIONS ♥ THE TRUTH ABOUT FASTING

dr. ryce has doctorates in Naturopathic Medicine and Wholistic Philosophy, that, combined with his background in electronics, uniquely qualifies him to make sense of how nutrition, the mind and body work together. New discoveries about the power and importance of Greens will be reviewed!

This information will change the way you view EVERYTHING.

MindShifters® and StillPoint® BREATHING

SATURDAY FEBRUARY 23, 2019

8:00 AM - 6:00 PM (approximately)

The only workshop with a fee: \$125.00 for the day - preregistration required!

To Register Call michael: (954) 205-4996

- ♥ THE ROLE OF THE BREATH IN SELF HEALING
- ♥ HOW TO USE MIND SHIFTERS TO ACCESS SUPPRESSED REALITIES
- ♥ HOW TO REMOVE EMOTIONS THAT PROMOTE UNCONSCIOUSNESS

StillPoint Breathing® is deep, process oriented work. Experience the breath's ability to reduce stress, remove limiting realities. This gentle self-help tool leads to the experience of self acceptance.

Source Connectedness and an ever deepening serenity!

MindShifters® are used in this work as a catalyst that quickly surface hidden mind dynamics so that they can be examined and healed.

“COIN OF THE REALM”

SUNDAY SERVICE FEBRUARY 24, 2019 11:00 AM

(service is followed by Light Lunch or bring your own Brown Bag Lunch)

CODEPENDENCE TO INTERDEPENDENCE

SUNDAY FEBRUARY 24, 2019 1:00 - 4:00 PM

- ♥ CAN INTIMACY BE CREATED THRU CODEPENDENCE?
- ♥ WHAT IS THE CAUSE AND CURE OF ADDICTION?
- ♥ WHAT ARE THE PRECIOUS GIFTS OF CODEPENDENT RELATIONSHIP & HOW ARE THEY ACTED UPON?

When denial is removed Conscious Relationships provide a forum for recovery. Explore tools for transforming dysfunction into health and wholeness thru relationship! Be introduced to the concept of the “Power Person” that is at the root of our personality formation.

Move past survival to the delight and aliveness that is not only possible but our natural birthright!

BE AN ADULT AND RECAPTURE THE INNER-SENSE OF YOUR INNER CHILD!

LAWS OF LIVING

MONDAY FEBRUARY 25, 2019 7:00 - 9:00 PM

- ♥ HOW WORDS, INTENTIONS, PERCEPTIONS, GOALS & DECISIONS AFFECT YOUR ATTITUDE & BEHAVIOR
- ♥ ARE THERE LAWS THAT IF APPLIED FREE AND EMPOWER US?

A practical course, the result of 55 years of combined research, that identifies and offers solutions for tension, stress, fear, anger, depression & guilt. Explore the deeper truth in the ancient Aramaic language that give us practical guidelines for living today.

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