

October 27, 2022

Hello from Birmingham,

It is a pleasure to see an email from you this morning. I think of the two of you often.

Last night I pulled out a notebook to work through some decisions I had been pondering. The notebook was one I used over three years ago to do forgiveness worksheets. What a joy for me to review the worksheets and see a comparison of where I was to today. What a joy to see that the majority of that forgiveness work had brought about more than I had asked for. And it caused me to see there is one area I need to work on again... possibly choosing an adjusted outcome.

I wanted to reach out and affirm that your work works. And to say thank you. I offer you my gratitude and warm thoughts. I have been blessed to have come across you on my journey. Hope to cross paths again soon.

Much Love for you both,
Teri Sullivan