

Heartland Aramaic Mindshifters® and Stillpoint Breathing®

MONTHLY ONLINE MEMBERSHIP

TWO LIVE, INTERACTIVE ZOOM SESSIONS MONTHLY:

The 3rd Saturday and Sunday Every Month!

THREE MEMBERSHIP LEVELS AVAILABLE

1 session: 150.00, 3 sessions: 375.00 (can be used any 3 months) **Annual Membership 1 year of sessions: 1200.00** (900.00 per year in advance.) Interest free financial arrangements can be made.

Topics Covered: ♥ THE ROLE OF THE BREATH IN SELF HEALING

♥ HOW TO USE MIND SHIFTERS TO ACCESS DISSOCIATED MENTAL CONTENT

♥ HOW TO REMOVE EMOTIONS THAT HURT & PROMOTE UNCONSCIOUSNESS

MindShifters® are used in this work as a catalyst that quickly surfaces hidden mind dynamics so that they can be examined and healed. **StillPoint Breathing®** is deep, process oriented work. Experience the breath's ability to reduce stress, remove limiting realities and produce The "Near Life" Experience. These gentle self-help tools lead to the experience of Self acceptance, "Source Connectedness" and an ever deepening serenity!

EACH MONTH LIVE: THE 3rd Saturday, 11:00AM EST, MindShifters® and StillPoint Breathing® Zoom WorkShop and **the 3rd Sunday, 11:00AM EST**, A Q&A, Personal Processing and Support WorkShop geared to enhancing your understanding and practice of both tools.

ALL MEMBERSHIPS include PERMANENT access to:

1. The 1 hr 12 min Video Workshop: MindShifters® and Introduction to StillPoint Breathing®
2. A 1 hr 50 minute MindShifters® Workshop Video
3. A full Video of EACH Saturday WorkShop you attend (up to 3 missed sessions can be reset if notified 24 hours in advance) and EACH of the Sunday follow-up sessions
4. Standard MindShifters® Tool
5. MindShifters® Radio support 5 days a week, 1-2 PM EASTERN TIME year-round.

Three-month MEMBERS: items 1-5 above **PLUS** items 6-7-8

6. Three Saturday MindShifters® and StillPoint Breathing® WorkShops
7. Three Sunday follow-up Sessions
8. Three Months of The Ever-Expanding MindShifters® Tool*

Annual MEMBERS: items 1-5 above **PLUS** items 9-10-11

9. Twelve Saturday MindShifters® and StillPoint Breathing® WorkShops
10. Twelve Sunday follow-up Sessions
11. Twelve months of The Ever-Expanding MindShifters® Tool*

Preregistration is required.

*The Ever-Expanding MindShifters® Tool - Our Standard MindShifters® Tool includes a 3 section page with 13 MindShifters® each = 39 MindShifters®. Each month we will add an additional section of 13 more MindShifters®



"THE LAST SET OF SELF-HELP TOOLS YOU WILL NEED TO USE"

dr. michael ryce

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Free book download @whyagain.org For FREE Support CALL
MindShifters® Radio 1-2 PM Eastern, 5 days/wk - 563 999 3581

Inquire/
Register
(954) 205
4996