

The new **CHRISTMAS STORY**

A special December presentation for the Pahrump Support Group

Live presentation and will be streaming on ZOOM

Join us and watch the movie "The Twelve Dates of Christmas" with Dr Andracki on Friday December 1 and December 8, 2023 from 6-8 pm in front of the Shoshone pod. This is a special presentation of Dr. Andracki's weekly Friday Night Support group that he has been leading for 11 years.

This amazing movie can reveal so many programs that we use daily that do not serve us, packed into a well-made Hallmark Holiday Move! Almost miraculous and perfect for the season!

We will explore how we do not know what is best for us in any situation! We think we do and will tell everyone our side of the story, but it's usually not correct, is it? Come and learn another way to see it and how to find an alternative answer!

Join in a group setting of friends and be ready for the holiday season with a new outlook.

Open to everyone, employees, patients and friends,

Watch the movie before if you can and be ready to see it broken down into a series of lessons.

A handout with questions is available at Shoshone pod front desk if you want to prepare for the movie and discuss. The handout will include a list of questions that will be discussed. Or request list of questions to explore from solidsol@hotmail.com

MOVIE : The 12 Dates of Christmas, a Hallmark movie

WATCH: At home prior with handout through a streaming service, rent or buy, you may want to watch more than once, if you can. Or just watch with us!

WHERE: Intermountain Heath Medical Building, Shoshone pod (come in through Urgent Care doors as front doors lock at 5 PM).

Or ZOOM:

TIME: 6-8 pm

WHY?: Learn to see things differently through a wonderful holiday movie

WHO: Everyone invited

WHAT TO BRING: Christmas cookies of course and a desire to learn how to enjoy the holidays!

DISCUSSION LEAD BY: Stephen Andracki, MD. Life Coach

ZOOM: Meeting ID: 89772912461 passcode: 178847

12 Dates of Christmas v1.0 11/28/23

Learning the lessons!

This is a Hallmark movie that contains enough lessons to learn that it should be titled "The movie for enlightenment". However, the lessons are embedded deep in the story. Let's take a in depth review together and discuss and learn the lessons together!

First, you should go to your streaming service such as Amazon prime and consider buying the movie The 12 Dates of Christmas. I suggest that you buy rather than rent because you will likely watch the movie more than once. I suggest that you watch the movie before the discussion and perhaps after the discussions and then every holiday season and even recommend it to some friend who would benefit from learning the lessons!

I learned about this movie and used much of the concepts from You Tube; David Hoffmeister ACIM teacher weekly online movie gathering. David is one the greatest ACIM (A Course in Miracles) teacher today. ACIM a study of the mind and learning to see things differently. You do not have to study ACIM to learn these lessons, however you may be inspired to learn more! David's presentation could be confusing without a good understanding of ACIM. If you want to learn about ACIM, let me know! (my views are not based only on ACIM)

OTHER RESOURCES: Both are a great way to understand the concepts better
The Voice in Your Hear Does NOT want You to Know This EGO 101 Tod Perelmutter YouTube
The Power of Now Eckhart Tolle Book, Audiobook
Join the Pahump Support Group Every Friday 6-8 pm. Live or Zoom

DO: Buy or rent the movie "The 12 Dates of Christmas"

WATCH: Prior to December 1 meeting

BE READY: to discuss the answers to the questions below

WHERE: December 1 and December 8, 2023 6 pm-8 pm in front of the Shoshone pod. See handout.

OR: Watch via **ZOOM: Meeting ID: 89772912461 passcode: 178847**

ACIM Lesson 24 I do not perceive my own best interests.

"1. In no situation that arises do you realize the outcome that would make you happy. 2Therefore, you have no guide to appropriate action, and no way of judging the result. 3What you do is determined by your perception of the situation, and that perception is wrong. 4It is inevitable, then, that you will not serve your own best interests. 5Yet they are your only goal in any situation which is correctly perceived. 6Otherwise, you will not recognize what they are."

Can you believe this? Do you think that you can control the specifics, and when you try and control it works out the way that you wanted it to? Can you think of situations in your life that what you planned did not work out as you planned? And do you remember your emotional reaction? Be ready to tell the group your personal experience. If something did not turn out the way you planned, and did it turn out ok anyway? Are you willing to accept that you can learn another way rather than expecting things to be the way you want? What was your emotions during that time that were not constructive?

OPEN FOR DISCUSSION: Watch the movie and be ready to discuss:

Write in thoughts below while watching movie

- 1) Kate's father in asking "if you can see her as she is?"
- 2) All I Want for Christmas.....is Jack?
- 3) The importance of Kate's memories of Christmas's past?
- 4) The elevator broke and Kate needs to ascend step by step?
- 5) The man putting the lights on the outdoor tree? What was he doing?
- 6) How Kate assigns Jack, past mother, dog Max into a category and neighbor, Miles, Sally and Toby into another?
- 7) "It's a dream and I can act any way I want to!"
- 8) Calling Nancy (Jacks girlfriend) a cheerleader?"
- 9) Significant of the partridge at midnight?
- 10) The significance of Toby at the bar, and how does that interaction change?
Kate has multiple encounters, and you must pay attention to the details of each.

- 11) The significance of the doctor and his advice (most good soap operas always have a doctor in them!)
- 12) The significance of a little willingness?
- 13) The significance of trying to avoid neighbors (knocking and trying to run away)
- 14) When Kate ate donuts in her apartment?
- 15) When Miles called and Kate answered phone
- 16) What is lesson in the midnight mass scene?
- 17) Importance of Kate saying, "I'm in a parking garage."
- 18) When Kate asks "what would you do, Jim" and Jim said "I would do anything"
- 19) Who gives us advice that we just cannot accept?
- 20) When Kate asks guy with lights "can I help you?"
- 21) How does Kate start to get out of the loop?
- 22) When Kate asks Miles "What would you like to do? Instead of having her agenda
- 23) When Jack talks about guilt of death of wife, and Kate responding "Fate"

24) What are Kate intentions when meets Jack in jewelry store?

25) Why would Kate said "Damnit" when she woke up!

26) Do you believe "the scripts already written" Fate? Destiny?

27) What about Jack starting to doubt that he could have been there when his wife fell?
Was jack believing in fate then?

28) Quote: "Out truest life is when we are in dreams awake" Henry David Thoreau

29) Plaque: The lesson is in the mind

30) What's next? One date at a time
How can you use that thought in your life?

31) Who benefited at the Christmas Party at the end?

Write down questions below!

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