

Why Is This Happening
to Me ... AGAIN?!

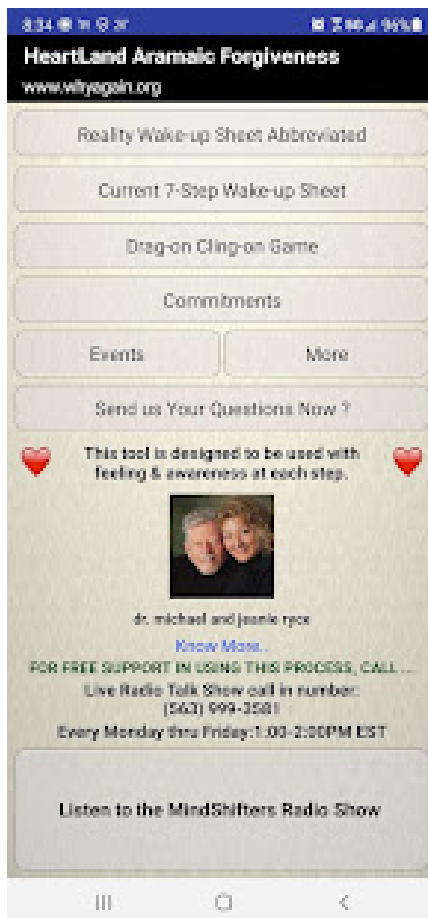


FREE solutions
FREE support

**It all starts within! Let's join in making our world a better place!
Dozens of Tools and Support freely available for your transformation.**
"Be the change you wish to see in the world." Mahatma Gandhi

TOOLS & OPPORTUNITIES

The world's ONLY forgiveness APP
Search your App store for:
**"HeartLand Aramaic
Forgiveness"**



The APP had a major upgrade in
December 2021 and another
upgrade April 2022!

**MindShifters & StillPoint
Breathing
Monthly Workshop**



**Join us! One session, three,
or, for best pricing, buy 12 monthly
sessions. (Try 1 month and the
discount applies if you upgrade)**

Gentle self-help tools that lead to the
direct experience of "Source
Connectedness," self-acceptance and a
deepening serenity.

MindShifters are a way to access deep
unconscious dynamics quickly
through a written exercise.

Then the power of the breath can help
access and release pain, trauma and
heal generational issues.

Our next session is May 14th

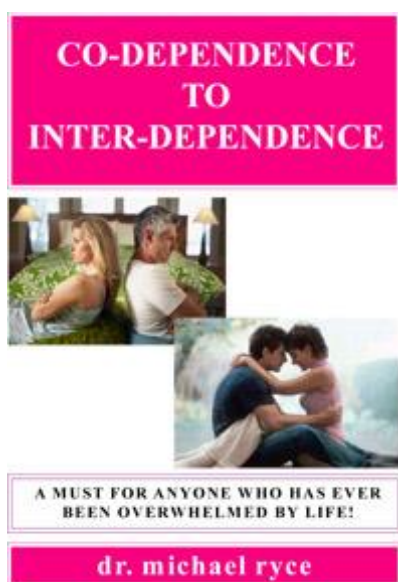
Download FREE in both the
Google Play Store (for Android)
and the Apple Store (for iPhone)!

READ MORE

TO INQUIRE / REGISTER
Email your NAME and PHONE#
to jeanie@whyagain.org
Pre-registration required!

READ MORE

NOW AVAILABLE!
Intensive Self-Study Online
"CoDependence to
InterDependence /
Communication Practicum



INCLUDES:

1. PERMANENT access to 90 powerful hours of video instruction, process work/Q&A
2. PHONE-IN SUPPORT 5 days a week from 1:00 – 2:00 PM EST, AT (563) 999-3581
3. FOOD SUPPORT: access to our private "Healing Through Food" FB page w/videos on kitchen set-up, instructions for the HeartLand Fresh and Raw food program, Q & A and access to 14 weeks CREATIVE MENUS on the Trello APP
4. Two Personal Code Evaluations

WORKSHOP TOPICS:

1. WHY IS THIS HAPPENING TO ME... AGAIN?!

**BRITISH GLOBAL
BOOK CLUB**
FREE Study of "Why Is This
Happening To Me...
AGAIN?!"
ONLINE via ZOOM



This is a great opportunity to study the book / the work of Aramaic forgiveness again with others globally.

Open, inspirational discussion on the teaching from "Why Is This Happening to Me ... AGAIN?!" by michael ryce. It is more than reading the book, it is a workshop.

michael will facilitate on the 2nd and 4th Thursday of each month until complete. Starts at 8:30pm London time – which is 3:30PM Eastern Time

**Next sessions are May 12th
and May 26th**

Hear My Voice Book Club Zoom

2. HEALING THROUGH RELATIONSHIPS
3. COMMUNICATION – DID YOU HEAR WHAT I THINK I SAID?
4. CODEPENDENCE TO INTER-DEPENDENCE
5. MINDSHIFTERS AND STILLPOINT BREATHING

[Read More](#)

<https://zoom.us/j/97444424565?pwd=OGVHczArb3BlWWp5aU14T3hGU2wrZz09>

Meeting ID: 974 4442 4565

Passcode: 54321

Archived meetings and more information can be accessed at <https://whyagain.org/global-online-book-club/>

[Read More](#)

UPDATES - NEWS

The work is spreading, we are global, creating a field around the planet. Will you be part of the critical mass?



Besides the APP update, we have added to the website:

1. Multimedia: News: [Newsletters](#)
2. Healing: Body, Mind, Spirit: [Healing Crisis](#)
3. Healing: Body, Mind, Spirit: [Health Issues](#)
4. Healing: Body, Mind, Spirit: [Nourishment](#) (including about cucumbers & God's farmacy)

MindShifters Radio



**Free to Listen! Free Support!
Why Is This Happening To Me... AGAIN?!**

**Monday through Friday
12:00 - 2:00 PM Eastern Time**

Dr. Tim Hayes, host 12:00-1:00 PM
and
dr. michael ryce, host 1:00-2:00 PM

When you call in **(563) 999-3581**, you will be given the option to either just listen or press "1" to be

5. At the bottom of home page, **News Flash**
6. The **Start Here** page is revamped
7. **The Commitments** are revised
8. We added a section on **Healing Crisis**
9. Have you watched michael's video: **What is the World?** (click the video link below)



placed in queue to talk directly to the host (s). Or sign into BlogTalk and chat in the chatroom.

[Read More](#)

We have stopped traveling and have shifted to doing Intensives via Zoom. If this work has touched your life, we invite you to consider paying it forward?

[Donation Link](#)



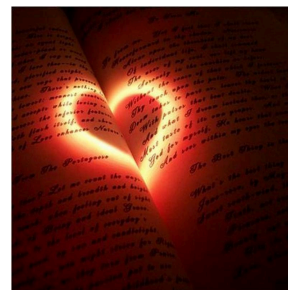
AVACEN - a form of Physical Forgiveness

Since the primary action of the AVACEN is to impact micro-circulation, let's look at the challenges it addresses as relates to the Sympathetic - Parasympathetic continuum. I kind of see this continuum as a slider that moves from an accent on one or the other...

[Read More](#)



Love Restored - Blueprint for the Journey Home
by dr. michael ryce



1. [Print as PDF](#)
2. [Listen to michael read it \(MP3\)](#)

Translations - reaching the world



Thank you to each person who said, "I want to translate this into my language so others can have these tools and this understanding too."

We are truly blessed to have you on our team, know we are on your team too.

The **Why Again** book is in **eight different languages** (not all of them in its entirety).

The **Reality Management Wake-up Sheet** is in **more than eight languages**.

The explanation of true forgiveness is given in **Thai as a PowerPoint Presentation**.

We have so many items translated into Spanish, that we have given it a separate page on the website. Thank you Nene and Claudia! [Spanish Page](#)



We may do a Workweek Project at HeartLand in the fall.

Drop us a note if interested!

Our new address is
dr. michael ryce & Jeanie Ryce

P. O. Box 1901
Bristol, TN 37621-1901

CONTACT US

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