



Well, we both got to experience Covid again last week, it was a different variant than what we had in December 2021. We are coming out the other side and doing well. Thank you to all who sent well wishes and prayers. michael & Jeanie

The Global Book Club continues the 2nd and 4th Thursday of each month and the MindShifters & StillPoint Breathing Membership breathes together on the 2nd Saturday of each month. There is a new FREE 3-hour Why workshop you can stream. The App was updated last month. There is the CoDependence/Communication 90-hour Self-Study Intensive. The website is being updated too.

Details below: on these opportunities to stay connected with this community and in using the tools.



Dr. Joel Arya Goldstein

HeartLand's "Singing Dentist" made his transition on July 10, 2022

Some of his songs from his time at HeartLand: Why Is This Happening To Me Again?!, Stuck in My Story, and Peace On Earth In Our Lifetime (this song is sung at the close of every intensive)

Other songs at <https://music.apple.com/us/album/wanna-be-in-tennessee/1608061468>)

<https://whyagain.org/joel-goldstein/>

Next Month: "The Complete Joy Prescription"

by dr. michael ryce

Full article coming next month but here is a 'taste'....

Do you live in madness? Listen as Alanis Morissette as she explains, with her awesome musical charm, EXACTLY what the problem is! https://youtu.be/8D9mhHd6P_U

The understatement of the century, in our "modern" world, is that mind is a poorly understood device! One thing we do know is that, like the operation of a computer, if the inputs, such as the internet connection or modem is weak or faulty, every function of the computer is unstable. So it is with the human mind! The mind's "set," it's internal and external controlling dynamics are key! And while our culture pretends mind and body can be "separated," (a silly idea! Can the head of a coin be separated from the tail?) every cell and organ is controlled by the mind, functioning through its instruments, it's brains. The most important brain in your body, it has been discovered, is in your heart! Connect it to the brain in your head and you become truly Human!

"If my heart could do my thinking
And my head begin to feel,
I could look upon the world anew
And know what's truly real."
- Van Morrison

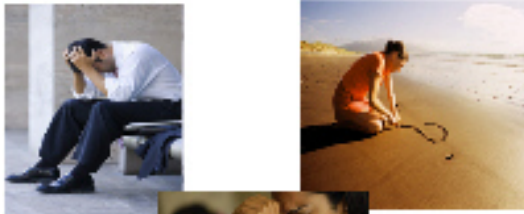
Have you asked yourself the, question, "Why Is This Happening TO ME... AGAIN?!"
Want to resolve conflicts in your relationships? Are you ready to dig in and do some real work?
Ready to GAIN an in-depth understanding of 1st Century Aramaic healing... the most profound technology of the mind and healing ever seen on planet earth!

TOOLS & OPPORTUNITIES

WHY IS THIS HAPPENING TO ME

... AGAIN?!

...and What You Can Do About It!



POWERFUL, PRACTICAL TOOLS THAT ARE TRANSFORMING OUR PLANET!

dr. michael ryce

FREE 3-Hour Workshop Online
(recorded June 11, 2022)

"Why Is This Happening To Me ... Again?!"

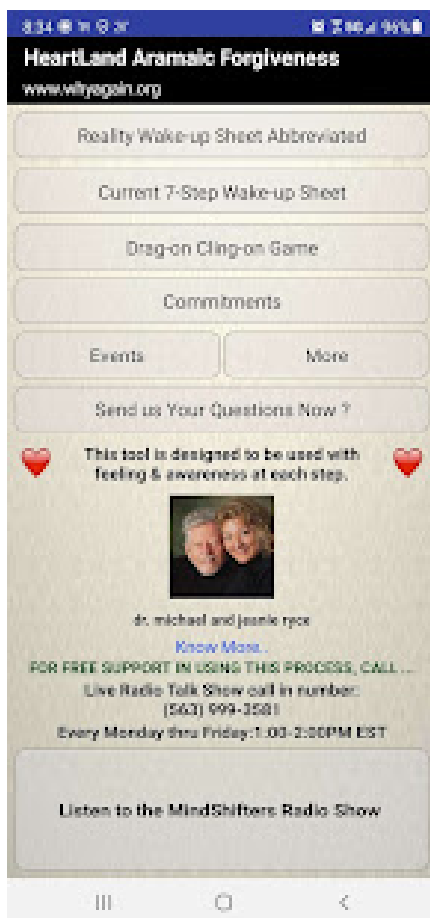
dr. michael ryce presented this 3-hour workshop via Zoom and Facebook, sponsored by The Facebook Marriage Support Group/ Tim Kellis

Click to download the newest Wake-Up Sheet prior to watching the workshop

READ MORE - GET THE VIMEO STREAMING LINK

The world's ONLY forgiveness APP

Search your App store for:
"HeartLand Aramaic Forgiveness"



MindShifters & StillPoint Breathing Monthly Workshop



Join us! One session, three, or, for best pricing, buy 12 monthly sessions. (Try 1 month and the discount applies if you upgrade)

Gentle self-help tools that lead to the direct experience of "Source Connectedness," self-acceptance and a deepening serenity.

MindShifters are a way to access deep unconscious dynamics quickly through a written exercise.

Then the power of the breath can help access and release pain, trauma and heal generational issues.

The APP was updated June, 2022.

Download FREE in both the
Google Play Store (for Android)
and the Apple Store (for iPhone)!

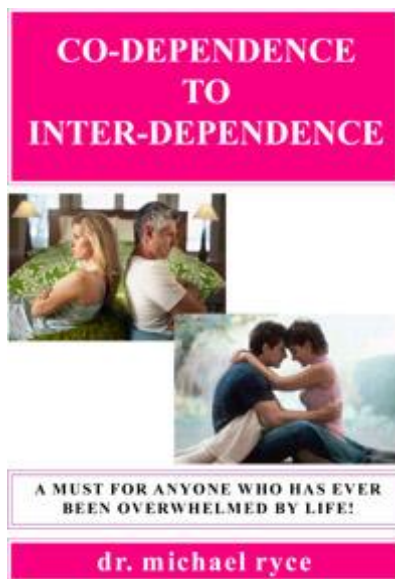
READ MORE

Our next session is August 13th

TO INQUIRE / REGISTER
Email your NAME and PHONE#
to jeanie@whyagain.org
Pre-registration required!

READ MORE

NOW AVAILABLE!
Intensive Self-Study Online
"CoDependence to
InterDependence /
Communication Practicum

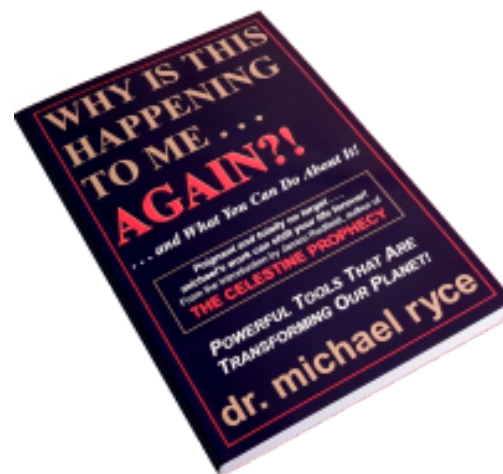


INCLUDES:

1. PERMANENT access to 90 powerful hours of video instruction, process work/Q&A
2. PHONE-IN SUPPORT 5 days a week from 1:00 – 2:00 PM EST, AT (563) 999-3581
3. FOOD SUPPORT: access to our private "Healing Through Food" FB page w/videos on kitchen set-up, instructions for the HeartLand Fresh and Raw food program, Q & A and access to 14 weeks CREATIVE MENUS on the Trello APP
4. Two Personal Code Evaluations

WORKSHOP TOPICS:

**BRITISH GLOBAL
BOOK CLUB**
FREE Study of "Why Is This
Happening To Me...
AGAIN?!"
ONLINE via ZOOM



This is a great opportunity to study the book / the work of Aramaic forgiveness again with others globally.

Open, inspirational discussion on the teaching from "Why Is This Happening to Me ... AGAIN?!" by michael ryce. It is more than reading the book, it is a workshop.

michael will facilitate on the 2nd and 4th Thursday of each month until complete. Starts at 8:30pm London time – which is 3:30PM Eastern Time

*Next sessions are
August 11th and 25th*

1. WHY IS THIS HAPPENING TO ME... AGAIN?!
2. HEALING THROUGH RELATIONSHIPS
3. COMMUNICATION – DID YOU HEAR WHAT I THINK I SAID?
4. CODEPENDENCE TO INTER-DEPENDENCE
5. MINDSHIFTERS AND STILLPOINT BREATHING

[Read More](#)

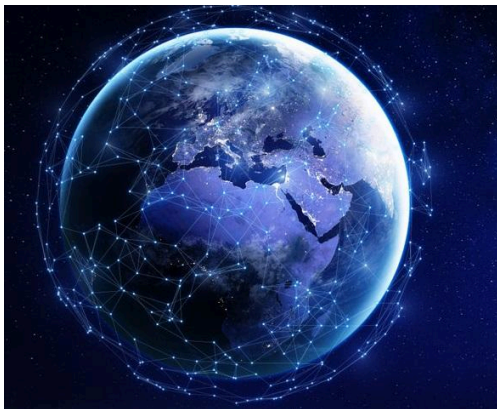
Hear My Voice Book Club Zoom
 Join Zoom Meeting
[https://us06web.zoom.us/j/89894012819?](https://us06web.zoom.us/j/89894012819?pwd=djNVNkl2dHVmZ3dvMXAvbDhHZ3RDZz09)
pwd=djNVNkl2dHVmZ3dvMXAvbDhHZ3RDZz09
 Meeting ID: 898 9401 2819
 Passcode: 54321

Archived meetings and more information can be accessed at
<https://whyagain.org/global-online-book-club/>

[Read More](#)

UPDATES - NEWS

The work is spreading, we are global, creating a field around the planet. Will you be part of the critical mass?



Besides the APP update, we have added to the website:

1. **7-Step Wake-Up Sheet revised May 2022.**
2. Multimedia: News: **Newsletters**
3. Healing: Body, Mind, Spirit: **Healing Crisis**
4. Healing: Body, Mind, Spirit: **Health Issues**
5. Healing: Body, Mind, Spirit: **Nourishment** (including about

MindShifters Radio



Free to Listen! Free Support!
Why Is This Happening To Me... AGAIN?!

Monday through Friday
12:00 - 2:00 PM Eastern Time

Dr. Tim Hayes, host 12:00-1:00 PM
 and
 dr. michael ryce, host 1:00-2:00 PM

- cucumbers & God's 'farmacy')
6. At the bottom of home page, **News Flash**
 7. The **Start Here** page is revamped
 8. **The Commitments** are revised
 9. We added a section on **Healing Crisis**
 10. Have you watched michael's video: **What is the World?** (click the video link below)



When you call in **(563) 999-3581**, you will be given the option to either just listen or press "1" to be placed in queue to talk directly to the host (s). Or sign into BlogTalk and chat in the chatroom.

[Read More](#)

We have stopped traveling and have shifted to doing Intensives via Zoom. If this work has touched your life, we invite you to consider paying it forward?

[Donation Link](#)



AVACEN - a form of Physical Forgiveness

Since the primary action of the AVACEN is to impact micro-circulation, let's look at the challenges it addresses as relates to the Sympathetic - Para-sympathetic continuum. I kind of see this continuum as a slider that moves from an accent on one or the other...

[Read More](#)



Translations - reaching the world



Thank you to each person who said, "I want to translate this into my language so others can have these tools and this understanding too."

We are truly blessed to have you on our team, know we are on your team too.

The **Why Again** book is in **eight different languages** (not all of them in its entirety).

The **Reality Management Wake-up Sheet** is in **more than eight languages**.

The explanation of true forgiveness is given in **Thai as a PowerPoint Presentation**.

We have so many items translated into Spanish, that we have given it a separate page on the website. Thank you Nene and Claudia! **Spanish Page**



We may do a Workweek Project at HeartLand in the fall.
Drop us a note if interested!

**Our new address is
dr. michael ryce & Jeanie Ryce
P. O. Box 1901
Bristol, TN 37621-1901**

CONTACT US



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