



Happy Thanksgiving!

A PHYSICAL FORM OF FORGIVENESS HAS BEEN INVENTED!

We have introduced the AVACEN to our HeartLand Community previously and wanted to let you know that the new, THIRD GENERATION AVACEN is now the flagship device.

This means that the previous standard, the AVACEN HOME, with a one year warranty, which originally retailed for \$3995, and recently has been on sale for \$2995, is now available through us, at the discounted price of \$1995 when you use the code BF1000 at checkout!

Please use our link: <https://shop.avacen.com/MindHeartandBeing>

As a piece of medical equipment, the New AVACEN XL is a 3rd Generation device and has a few more bells and whistles than the 1/2 price AVACEN HOME, but the main functions is it is cleared by the FDA, RELAXATION AND NON-OPIOID, WHOLE BODY PAIN MANAGEMENT are identical!

The Department of Veterans Affairs (VA), recently approved the AVACEN to provide non-opioid pain relief, relaxation and post-traumatic stress solutions to qualified Veterans. Contact me by replying to this email with your name and phone number and/or the name and number of any Vet in need. As soon as the system is set up (probably the early part of January) I will contact you and begin the process for you!

How can the AVACEN

(Advanced Vascular Circulation Enhancement) Improve My Long-Term Health Outcomes? I just did an interview with Dr. Patrick McGhan, a friend of 50 years. Patrick, as a result of his military service where he was exposed to agent orange, had PTSD and both physical and emotional challenges.

In our conversation he details his journey of overcoming years of agonizing, debilitating foot pain from diabetic neuropathy, urinary incontinence, arthritis, stiffness, pain, and soft tissue damage in his hands and feet that meant back ten or so years ago he had to forfeit his practitioner's license.

Patrick had been a natural health practitioner for decades and, fortunately, as a disabled Vet, had the benefit of competent, extensive VA support and medical services. But the major upgrade to his health only began 3 years ago when he started to address his

compromised microcirculation through the use of the AVACEN, a form of physical Forgiveness!

Now re-licensed and back in practice in the Tampa Bay area, Patrick shares his powerful story of recovery.

😊 Dr. Patrick McGhan and the AVACEN... https://youtu.be/giZvbNM7o_g?si=Zlrlq6XPvcpy1MFA

PS... Listen from the 42-minute mark to hear Patrick's professional assessment of the new, three day Personal, One on One Quantum StillPoint Intensives I am conducting with individuals in Bristol, Virginia.

😊 Hand heating lowers postprandial (after a meal) blood glucose concentrations: A double-blind randomized controlled crossover trial using the AVACEN:
<https://pubmed.ncbi.nlm.nih.gov/32147036/>

How The AVACEN Works


Straight up, the AVACEN, in my opinion, hand in hand with 1st Century Aramaic Forgiveness and StillPoint Breathing are the safest, most powerful, non-invasive, drug free, whole-body treatment and health protocols in history!

How does the AVACEN Single Point, Whole Body Treatment work? How could putting one hand in the AVACEN create relief and promote oxygen, nutrient and blood delivery throughout the body and, at the same time improve waste removal and elimination? The picture below, taken by researchers at San Diego State University, tells the whole story! What you are looking at in the first picture is a close up of the capillary bed of a person's ring finger. The slightly visible red streaks are the quantity of blood naturally present in that untreated capillary bed.

<https://avacen.com/science/>



The second picture is of the same tissue taken after a 20-minute AVACEN treatment ON THE OTHER HAND! Note the huge increase in the amount of blood present in the capillaries — and note — the opposite hand was the one being treated! The pictured increase in blood flow was on the opposite side of the body, not touched by the Device. Each treatment with the AVACEN provides a gentle, non-invasive improvement in blood flow that delivers a increased supply of oxygen and nutrient rich blood to the whole body — to the brain, every organ, every injury, every cell.



The AVACEN creates — in a comfortable, easy setting that can be carried out while engaged in other activities such as telephone use, watching TV, or reading — whole body capillary stimulation! This understanding is of utmost importance when you realize the only blood vessels that directly impact the cells are capillaries. It is capillaries that deliver oxygen, nutrition, enzymes, hormones and other blood factors to the cell, hence, every cell in the body is potentially impacted each time the AVACEN is used.

It is estimated that 80% of the population over the age of 40 may have moderate to extremely serious, changeable, through the use of the AVACEN, micro-circulation problems! These challenges, which are a principal contributing factor to almost every illness, including diabetes, hypertension, migraines, vascular disease, atherosclerosis, kidney disease, Alzheimer's, pain, stiffness, immobility, early aging and degeneration. Injuries often interrupt micro-circulation and most non-injury related pain can be traced to compromised micro-circulation that results in a lack of oxygen to the tissue. It is estimated that just a 5% restriction in oxygen delivery results in excruciating pain in the cell! Restore oxygen and nutrients and comfort is reconstituted in the cell.

There are devices that work, using invasive and unnatural means to impact micro-circulation. But the AVACEN is the only Class II FDA cleared medical device that naturally, using the body's own mechanisms, reaches directly, and deeply into the whole bloodstream to enhance well-being throughout the body... from within.

When we bought our first device, 3 years ago, we paid \$3495.00. Considering the impact it has had on both Jeanie and I, the return, in improved health, has been an incredible, worthwhile investment!

For the last thirty years we have only sent health information related to our 1st Century Aramaic Forgiveness work in this Newsletter. In order to keep you informed on the best information we have, we are including AVACEN because it is the most powerful, non-invasive, whole body treatment Class II Medical Device that I have seen to date. It is cleared by the FDA for relaxation and arthritis pain relief, but, as you listen to the interview I did with Dr. Patrick, there is so much more to it! In Canada, and Europe the Device is also approved for treating Fibromyalgia.

We are sending this information because of the profound effect we have seen on both my own (pain from injuries sustained 40+ years ago - gone after 6 months), and Jeanie's health (gray roots turning dark after two decades of being grey??!!). This device is in perfect alignment with our Forgiveness work as it is a form, as I have come to understand it, of physical "Forgiveness," (removal) which directly relates to what we have developed over the last 50 years.

Jeanie and I have personally been using the AVACEN for over three years now and offer it as the most profound non-invasive adjunct to maintaining overall health that I have seen in 50 years of developing this work.

The AVACEN provides a natural, whole body wellness treatment, which gently, by infusing heat through a heat exchanger in the palm of the hand, the warms and creates profound positive changes in blood flow and waste removal. Within about 10 minutes of putting one's hand in the Device, all of the blood in the body is warmed by just a little less than one degree. This naturally lowers the viscosity of the blood so that it flows throughout the whole body more easily.

Heated, easier flowing blood relaxes "uptight" muscle fibers assisting the body to open constricted micro-circulation, enhancing the body's ability to process through, and release congestion, stuck energies, and toxicity. As a result of the profound relaxation experienced by users, natural, side effects, drug-free relief from pain is experienced by many. We have had many reports of major symptom relief, chronic pain disappearing and a significant improvement in rest and sleep.

The AVACEN improves blood flow in ways heretofore absolutely unheard of, while making the delivery of oxygen, nutrients and energy more efficient, as well as increased facilitation

of waste removal. The people we are working with are experiencing improved cellular function in both the brain and the body's trillions of cells.

😊 Below is a technical 23-minute training I did for medical professionals at the AVACEN Corporation. Sympathetic Dominance, by definition, means that blood has been shunted away from the Para-sympathetic Nervous System. A lifetime in Sympathetic Dominance, in most cases, means significant congestion in the affected blood vessels... Many people in our culture, due to chronic fear and/or hostility experience extreme levels of stress — where functions not essential to survival— rest, digestion, elimination, reproduction, higher brain function and healing are compromised in order to fuel the muscles that enable us to fight or run. The AVACEN tends to restore the lost functioning of the Autonomic Nervous System, and re-balance the Sympathetic/Para-Sympathetic Nervous System functioning. The video explains, in layman's terms, what happens physiologically when blood flow is opened throughout the body and how it moves one out of chronic Sympathetic (fear/hostility) Dominance by re-activating the Para-sympathetic System.

I suggest watching (or listening) these videos to get deeper insight into cause, and healing instead of just treatment...

1. 😊 How to get out of Sympathetic Dominance by restoring blood flow — which delivers a myriad of nutrients, oxygen, hormones and blood factors, as well as enhancing waste removal in congested and constricted tissue...

AUDIO — <https://whyagain.org/wp-content/uploads/2022/04/DrRyceAVACENandParasympatheticActivation.mp3>

VIDEO — <https://youtube.com/watch?v=3mNYhUcvdiY&feature=share>

2. 😊 The Science Behind The AVACEN... ryce on, "Outside The Box" Medical podcast (1 hour and 12 minutes) . <https://youtu.be/6u8oAF1e30k>

3. 😊 Patrick Mcghan and the AVACEN... https://youtu.be/giZvbNM7o_g?si=Zlrlq6XPvcpy1MFA

Here are a few more links about the operation of the AVACEN:

RICHARD CARLSON, MD, explains improved oxygen release from warmed blood, increased growth factors and dilation of blood vessels from improved nitric oxide and oxytocin production provided by the AVACEN. "This Device is a gold mine, copper mine, diamond mine, silver mine... riches that promote healing and well-being!" says Carlson. <https://youtu.be/Q6iB5ap4tKA?feature=shared>

PARKINSON'S relief:

<https://youtube.com/shorts/XqM96jG1k4U?feature=shared>

Relief from the extreme pain of Sickle Cell Anemia

<https://youtu.be/urWt7tstxOw>

😊 Continuation of how it works: <https://youtu.be/aBs877g40-k?si=RJscxvhuAVKPA0q6>

😊 Steven Gabriel, MD explains: <https://youtu.be/PvFewrNA1e0?feature=shared>

😊 A short video with individuals sharing their experiences with the AVACEN: <https://youtu.be/3TRX6tsTdGA>

😊 Hand heating lowers postprandial (after a meal) blood glucose concentrations: A double-blind randomized controlled crossover trial using the AVACEN: <https://pubmed.ncbi.nlm.nih.gov/32147036/>

Here is a link to our website with additional information and an article I wrote on the AVACEN. There is an extended explanation for those who want to dig deeper. If the

AVACEN is of no interest to you but you want to know how to get the best health outcomes possible in your life, you will still benefit greatly by understanding the information presented! www.whyagain.org/AVACEN

The AVACEN HOME Device, with a 1-year warranty, has recently sold for \$2995.00 and is discounted, with the code below for to \$1995.00.

Of course, if you choose to purchase a device, please use our link below, we will benefit from a commission which will go to expanding our Forgiveness work on a global scale.

If you are not sure how the AVACEN might impact your life, there is a 30-day, no questions asked trial period! If you do not realize significant benefits from the machine, simply inform me, and we will arrange a return. There is a 10% restocking fee (\$199 plus return shipping) which I offer is very little to risk for a 30-day tryout to see what the potential benefits might be to you.

Here is our link:

<https://shop.avacen.com/MindHeartandBeing>

You will see that all AVACEN devices are on sale at \$500 off. Below is a code that will take \$1000 off the AVACEN HOME!

— Scroll down a couple of screens and select the "SHOP NOW" button. The 2nd Device down, on the right is the AVACEN HOME (2995.00).

— Put the device it in your cart and at Checkout, on the final payment screen, put in our code BF1000 and the price will be reduced accordingly.)

Sale expires at midnight, November 30, 2024, Pacific Time.

— The Device can be paid for, depending on your credit, over as long as 36 months, with as little as zero % interest!

The menus can be a little tricky and you are welcome to call me, or send Jeanie (jeanie@whyagain.org) a note, with your phone number, and I'll call and walk you through the purchase.

In Smiles and Blessings michael and Jeanie Ryce 💕

For more links to AVACEN Information...

The AVACEN on MindShifters Radio Show... (53 minutes)

https://youtu.be/0prQ8B_ZbYc

How to remove trauma based energetic patterns... 💕 Why Is This Happening TO ME... AGAIN?! full workshop...

https://youtu.be/ZQ_4NvNftdk 💕

😊 Is OXYGEN delivery urgent to health? Cancer and oxygen, Dr. Otto Warburg... **[https://www.canceractive.com/article/low-oxygen and cancer](https://www.canceractive.com/article/low-oxygen-and-cancer)**

💖 If you have pain, this video documentary about the work of surgeon, Dr. John Sarno, costs 5.99, and is worth every penny!

"ALL THE RAGE: SAVED BY

SARNO"... **https://www.amazon.com/gp/video/detail/B07P2JZX7G/ref=atv_dp_share_cu_r** or

Or go to **www.alltheragedoc.com**

😊 Here is an article about the 2017 Frost & Sullivan European New Product Innovation Award given to AVACEN Medical for the non-invasive treatment of fibromyalgia...

<https://www.frost.com/news/press-releases/frost-sullivan-recognizes-avacen-medical-innovative-avacen-100-designed-treat-fibromyalgia-widespread-pain/>

The product has received a medical device license from Health Canada to treat fibromyalgia **<https://fibromyalgianewstoday.com/2017/05/31/fibromyalgia-pain-treatment-device-wins-health-canada-approval-avacen-announces/>**

And The CE Mark (approval) based on a Phase 2 study of the AVACEN 100 (Home device) in 22 people with fibromyalgia at VA San Diego, where every veteran showed a

statistically significant reduction of more than 40 percent in the widespread pain index used to assess fibromyalgia pain!

<https://fibromyalgianeustoday.com/2017/08/14/avacen-receives-ce-mark-europe-for-device-designed-to-treat-fibromyalgia-pain/>

😊 Hear Bas Rutten, three-time Pancrase World Champion, (Japanese martial art) and UFC Heavyweight Champion, Medical Practitioners and customers share their real-life experiences with the AVACEN... <https://avacen.com/experiences/>

😊 Results from the AVACEN Type 2 Diabetes Clinical Study at the U of C, San Diego, <https://www.biospace.com/article/releases/avacen-medical-announces-results-from-type-2-diabetes-clinical-study/>

In addition, SUPPORTING CIRCULATION WITH NUTRITION...

Blood is like your body's superhighway. It carries nutrients and oxygen to everything from your heart and brain to your muscles and skin. A healthy diet is one way to optimize your circulation, or blood flow. Combined with exercise, hydration, weight management, and not smoking, some foods can help improve circulation are...

https://www.webmd.com/dvt/ss/slideshow-foods-for-circulation?ecd=socpd_fb_nosp_3641_spns_cm12883

EXPERIENCES... I have personally witnessed dozens of positive changes in people's pain levels and significant improvement in their real world function... Eighty % of people I have directly interacted with around the AVACEN that have had real physical and emotional challenges and have each experienced significant relief from those challenges. About 20% of people's experience is limited to its muscle relaxation effects

Here is a list of what real people have said to me about their experiences (I am sure, if you need to speak to any of them I can get permission and phone numbers):

In 3 months ~ A1C went from 10.7 to 6.7. I was on Metformin to stabilize my Diabetes and entered into a Diet program. Which I cheated from time to time. My doctor was blown away by how much my A1C went down. The AVACEN has changed my life concerning my Neuropathy."

"My bone on bone wrist pain was gone in the first 15 minute treatment."

"I have had the machine one day. After a drive I have to get out of my car slowly and take time to stand up and hobble into the house. We just got back from a long drive and I got out of the car normally and just walked into the house. I am amazed!"

"After dialysis this last year I felt like I have been somebody's punching bag the next day. Now, with the AVACEN, I feel good the next day. My kidneys are starting to produce urine and I am stating to be able to urinate a little. Fantastic!"

"I had a balance exercise my doctor gave me and I could hold it for 1 minute until my stroke 4 years ago. I have not been able to do that exercise for even 2 seconds since my stroke. After 1 week on the AVACEN I can do 30 seconds of that balancing exercise." I observed that this gentleman with the stroke had a speech anomaly before he used the AVACEN. After a week it was gone.

"I have been wearing a splint on a very painful arthritic finger. A week on the AVACEN and I took it off. The pain is gone."

"I have had a very painful (level 8) trigger finger for about a month. 15 minutes on the AVACEN and it is gone."

"Numbness, present for about 8 years, in the tips of my toes, was 80% gone in two treatments. 100% gone after about 8 weeks." (that is me)

"Pain from an injury to my spine that has been present for 40 years, after about 6 months on the AVACEN, is 100% gone." (also me)

"Several weeks on the AVACEN and, with a lifetime of asthma, I can now take the deepest, sweetest breaths I have ever taken. All of my life sinus congestion had plagued me until using the AVACEN. At night I always breathed through my mouth due to congestion. That is 100% gone and has been for 3 years." (also me)

"I have, for years, due to diabetes, had Neuropathy - pain that was disabling. I could, in the morning, work for about 2 hours and then the pain in my feet became excruciating. I could not work the rest of the day. Now, after 10 months on the AVACEN, I can work as many hours as I want and, after that, I have an ache in my feet that subsides after putting my feet up and resting. I can then go back to work. I now often work 12 or 14 hour days when I need to!" (fellow Naturopath, Dr. Patrick McGhan)

"I could sit, due to diabetic tingling and pain in my feet, for a max of 45 minutes, and I had to get up and move. I now sit for 2 hours and do not think about my feet." (my Father-in-law)

"I have needed to use an inhaler daily for years due to asthma. I now use the AVACEN instead. It has reduced my inhaler use by over 90%"

"I do a lot of outdoor work every day. My energy level is significantly increased and long-term pain in my knees is gone."

"Long term intermittent back pain has been relieved."

💕 "I am 78 and had polio as a child. My massage therapist, who I have been working with for 10 years, said on my last appointment, after using the AVACEN for about 12 weeks, that my body had significantly less inflammation and was growing new muscle. Due to xray verified bone on bone pain, and after 4 joint replacements, I could not raise my arm to drink a glass of water. My arm would just fall if I lifted it up with my other arm. My pain level in the shoulder was a continuous 10 on a 1-10 scale. After 12 weeks on the AVACEN it is now zero and I raise a glass of water easily!
In the midst of moving, I packed all day. Went to chiropractor this A. M. and she said there's really not a lot of adjusting to do. I feel SO much better I packed rest of my kitchen. I'm sure it's the AVACEN. Big sigh of gratitude for the AVACEN and your tenacity. ❤️🙌🏻🥳"

"Hip pain woke me up 4 or 5 times a night and I lived exhausted. 3 weeks on the AVACEN and my hip pain is gone and I sleep all night. After the hip pain subsided I realized there was chronic knee and shoulder pain which has now disappeared totally Now, when travelings, even if I fly, I take my machine!" (The AVACEN flies free as a carry-on medical device)

"I had a difficult and abusive early life. Under stress my sharp emotional responses were a challenge for everyone and could last a week or more. Since using the AVACEN gentleness, or short lived sharp expression have become the norm instead of my moods lasting days."

In Smiles and Blessings, michael and Jeanie Ryce 💕

😊 AVACEN in the:

U.S. FDA-Clearance: A heat therapy system indicated for the temporary relief of minor muscle and joint pain and stiffness; the temporary relief of joint pain associated with arthritis, muscle spasms, minor strains and sprains; muscular relaxation; and the temporary increase of local circulation where applied.

How to start and operate the AVACEN... <https://youtu.be/cxyUpm7qWA8>
AVACEN SYMPATHETIC PARA-SYMPATHETIC

(Article written by dr. michael ryce)

After 45+ years of working with 1st Century Aramaic Forgiveness, the core truth we have found is that Forgiveness has nothing to do with the Greek idea that everyone else is to blame for what is happening inside of me, and I should "forgive," "let them off the hook" for what is clearly happening inside of me...AGAIN!

If one is actually going to change their internal conditions it is going to take going inside to remove that pain producing energy. An externally directed energy will never change an internally generated experience! The AVACEN help with this process! A correct definition of Forgiveness needs to be understood if one is ever going to engage in the process.

FORGIVENESS IS THE TOOL WITH WHICH I COLLAPSE THE FALSE CONSTRUCTS OF MY MIND SO THAT I CAN ACCESS AND REMOVE THE ENERGETIC PATTERNS OF PAINED CONTENT RESIDING THERE!

(AVACEN information below)

💕 Here are a variety of links that outline the latest resources related to 1st Century Aramaic Forgiveness ...

FREE:

- Why Is This Happening TO ME... AGAIN?! — Book in 9 languages!
 - The latest 3 hour workshop
 - PowerPoint
 - Resolving generational traumas
 - The World's ONLY Forgiveness App
 - 💕 My Commitment. 💕
 - Hundreds of videos
 - Over 5,000 hours of MindShifters Radio Shows
 - A powerful video interview with Dr. Patrick McGhan that explains the physical Forgiveness impact of a device called the AVACEN
- Why Is This Happening To Me . . . AGAIN?! book download in 9 languages... <https://whyagain.org/book>

Why Is This Happening To Me . . . AGAIN?! ...and What You Can Do About It! Workshop
https://youtu.be/ZQ_4NvNftdk?si=Z1tdCj0fM82sb9H1

💕 Here is a 24-minute PowerPoint on dr. ryce's "how to" of Forgiveness:
<https://youtu.be/HNybssMwyQo>

Listen to MindShifters Radio live, and access over 5,000 hours of the show (on the bottom or to the right of the page)

<https://whyagain.org/mindshifters-radio-the-forgiveness-doctor/>

Hundreds of videos.. [YouTube.com/@michaelryce_whyagain](https://www.youtube.com/@michaelryce_whyagain)

MindShifters Radio From 1-2 PM EASTERN Time 5 days a week, call into at **563-999-3581** (press 1 to talk). MindShifters Radio access is going to change as of January 31, 2024... Check whyagain.org for updates.

The World's only Forgiveness App... Search "HeartLand Aramaic Forgiveness" in your iPhone App store or Google PlayStore.

The MASTER TEACHER for you, is inside of YOU! 💕

💕 My Commitment. 💕

I promise to TRUST you enough to tell you the Truth, to be true to you and always engage in just and fair behavior with you. I commit to always be sweetness in your life, to nurture you daily and treat you LOVINGLY, Gently and with Respect in my thoughts, words and actions, whether in your presence or not.

In every interaction I commit to affection for you, to look for and acknowledge the highest and best in you and, as I surrender to LOVE, our true nature, I will use only voice tones

that reflect my deep caring for you.

My connection to Love, our Source, gratitude for my relationship with you and our Serenity will always be more important than any issue. I open my Being to embrace you in my Love, I open my Being to be embraced in your Love.

If anything unlike LOVE comes up in me, I will hold us in my Heart and listen as I learn to speak, experience, be RESPONSE-ABLE for and Forgive my own realities. I am here for and with you. I promise to speak only Truth to you as I keep communication open and keep LOVE Conscious, Active and Present AS WE HEAL, CELEBRATE LIFE and GROW TOGETHER

If you missed it above, here is the ordering information...

The AVACEN HOME Device, with a 1-year warranty, has recently sold for \$2995.00 and is discounted, with the code below for to \$1995.00.

Here is our link:

<https://shop.avacen.com/MindHeartandBeing>

You will see that all AVACEN devices are on sale at \$500 off. Below is a code that will take \$1000 off the AVACEN HOME!

— Scroll down a couple of screens and select the "SHOP NOW" button. The 2nd Device down, on the right is the AVACEN HOME (2995.00).

— Put the device it in your cart and at Checkout, on the final payment screen, put in our code BF1000 and the price will be reduced accordingly.)

Sale expires at midnight, November 30, 2024, Pacific Time



**Our address is
dr. michael ryce & Jeanie Ryce
P. O. Box 1901
Bristol, TN 37621-1901**

CONTACT US



Share This Email



Share This Email



Share This Email

dr. michael ryce - HeartLand Aramaic Mission | P O Box 1901 | Bristol, TN 37621-1901 US

[Unsubscribe](#) | [Update Profile](#) | [Our Privacy Policy](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!