

Good Afternoon!

The famous psychiatrist/healer, Carl Jung, offered humanity what might be the most important key to healing that has ever been spoken:

"UNTIL THE UNCONSCIOUS BECOMES CONSCIOUS IT WILL DIRECT OUR LIVES AND WE WILL CALL IT FATE!"

Y'Shua, 2000 years ago gave the world the key tool, 1st Century Aramaic Forgiveness, that, if applied consistently and persistently, accomplishes access, and the healing of unconsciously driven actions. (links below)

Here is the newest published 19-page Power Person Pseudo Solution WorkSheet. Download at <https://whyagain.org/pseudosolutions/>

This particular tool was developed 2 years ago, but because it is somewhat complex, was only available to those who participated in the Codependence To Interdependence/Communication Practicum Intensive. (89-hour video SELF STUDY INTENSIVE www.whyagain.org/codependence-communication-intensive-self-study-option)

Newly edited, we are publishing, free, the Power Person Worksheet with 13-free hours of explanatory MindShifters Radio Shows (link below) so that this eye opening tool is available to every Mind, Heart and Being on the planet.

This 19-page life changing deep dive into the "Power Person Dynamic," exposes and offers resolution to the compelling, destructive mental state that literally runs the minds of those who have said to themSelves, when under stress:

- "I don't know why I did that!"
- "I will never be like my _____!" or
- "I will never do that again!"

This WorkSheet (attached) opens the space to understand, dismantle, and resolve the Power Person Issue that runs the world! Also, we are available, five days a week, 1-2 PM EASTERN Time, to answer personal questions and offer personal support in using this, and all of the tools that we teach. Join us, it's free! Instructions for accessing MindShifters Radio are at <https://whyagain.org/mindshifters-radio-the-forgiveness-doctor/>

*"To heal you **must** meet the conditions
for the dis-ease energy behind a
symptom to move out of your structure!"
— dr. michael ryce*

All thirteen MindShifters Shows:

<https://youtube.com/playlist?list=PLYSZjO1C-uNxSHDH1B8JELY3LxJ5UQQCn&si=rsmrRLa-8V9pi6JP>

(Resources Below)

**ARE YOU READY TO TAKE YOUR INNER WORK
TO THE NEXT LEVEL?**

HERE IS A BONUS OFFER THAT WILL MAKE IT EASY!

**Registration MUST be arranged (propose your payment plan)
by May 9, 2025, AS BONUS OFFERS EXPIRE.**

We have held our prices at HeartLand at \$1,575 for years, however, with the increase of food prices and the fact that we are renting a facility, this intensive is \$2,000 for a shared room, \$2,500 for a single if available.

Join us for 9-day *Why Is This Happening To Me...*
AGAIN?! Residential Intensive, May 23-31, 2025
in Bristol, VA/TN with dr michael ryce

AND

You can start your Intensive tomorrow at home!

How? With your "WHY?" RESIDENTIAL Intensive registration you will receive FREE enrollment in the \$600, 89-HOUR online Video *Codependence To Interdependence/Communication Practicum SELF-STUDY Intensive*, which you can begin immediately!

If you have already purchased this online Workshop your \$600.00 will be credited toward this intensive.

PLUS

Receive, FREE, 45+ hours of streaming videos! Guaranteed to be favorites of michael's workshops because you are going to get EVERY ONE! TWENTY of our live workshops, and a Wellness Meditation — A \$420.00 value

(SEE THE LIST OF WORKSHOP TOPICS AT THE END OF THIS EMAIL)

LETS TALK ABOUT THE INTENSIVE FOOD!

We will be doing the Nutritarian "Eat For Life" Program.

Are you familiar with the equation: $H = N \div C$?

**ARE YOU READY TO SERIOUSLY UPGRADE YOUR
NUTRITIONAL INTELLIGENCE, HEALTH AND ABILITY TO**

PREPARE AND ENJOY DELICIOUS FOOD AND ACCOMPLISH SIGNIFICANT INNER HEALING ALL IN ONE 9-DAY INTENSIVE? Once one puts the mind/“body”/Being interrelationship in order through AUTHENTIC Forgiveness the realization comes that:

HEALTH = nutrients÷calories.

During this nine day “*Why Is This Happening To Me... AGAIN?!*” INTENSIVE, aside from the deep inner work we will be doing (see the flyer below) we will be using the scientific, whole-food, Nutritarian food program created by Dr. Joel Fuhrman as a healing/detox/weight loss regimen. In this proven dietary system, micro/macro-nutrient density and diversity creates a synergistic effect between vitamins, minerals, phytochemicals and flavonoids that support efficient metabolism, immune function and DNA synthesis which protects from free radicals and oxidative stress. Supplement input will be offered to assure nutritional excellence. **The objectives?** Create an enhanced lifestyle that resolves nutritional insolvency that protects cellular integrity while moving toward vitality and ideal weight; achieve hormone favorability (*specifically reducing insulin and IGF-1 — which promotes longevity, slows aging process and inhibits cancer activity*); help in reversing chronic disease; prolonging life span and maximizing health! Dr. Fuhrman explains... <https://www.youtube.com/watch?v=JjLDVvScmJA>



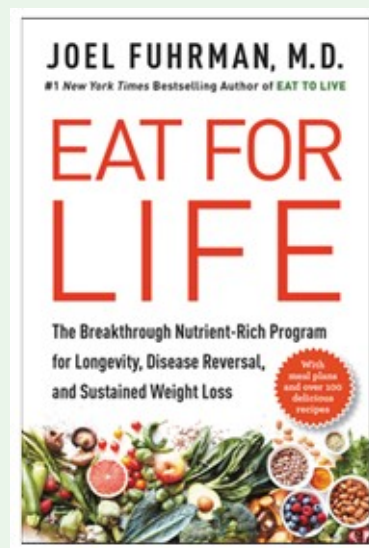
We are **blessed** to have our food preparation and nutritional teaching program led by Jurate Rubikene, certified Nutritarian Health and Wellness Coach. Everyone in the Intensive will have the hands-on opportunity to learn how to prepare tempting, delicious dishes that optimize detoxification, body fat composition and enhance well-being! Jurate will present ANDI: the

Aggregate Nutrient Density Index — a guidance system that uses 36 nutritional factors to help identify the most nutrient dense foods! Jurate shares, “On a personal level Nutritarian diet helps me to keep my health at its peak. It was a main tool while my son was healing from non-Hodgkin’s lymphoma and played a huge role in my partner Tom’s quick recovery from ventricular arrhythmia heart attack.”

Sickness and disability are not normal! The SAD (Standard American Diet) promotes chronic disease, suppresses immune function, and leaves people overfed and undernourished. There will be no empty calorie foods such as sugar, junk sweeteners, white flour, pasta and rice, no processed foods and we will use little or no salt, oil, or sugar. All foods will be freshly prepared and, much as possible we will utilize whole, organic foods!

For those who want to kick coffee, a suppressant that, with 4 cups, cuts blood flow to the brain by 40% and raises blood pressure... we will have a healthy breakfast beverage, DandyTea, most people enjoy as much as coffee!
WATCH HERE — THE BRAIN ON CAFFINE:

<https://youtu.be/kjEXroCD4O8?si=uW0Us8FeUKHcgZbx>



“Why Is This Happening To Me ... AGAIN?!”



9-Day Residential Intensive

Fri., May 23 to
Sat, May 31, 2025

Abingdon, VA / Bristol, TN



Proclaimed one of the most profound, life-transforming events on the planet!

**INCLUDES ACCOMMODATIONS, VEGETARIAN MEALS,
WORKSHOPS, AND WORKSHOP MATERIALS**

TOPICS COVERED INCLUDE:

- ♥ Why Is This Happening To Me...AGAIN?!
- ♥ Healing Through Relationships
- ♥ Hands On Energy Field Work
- ♥ MindShifters & StillPoint Breathing
- ♥ Communication – Did You Hear What I Think I Said?
- ♥ 3 Personal Code Evaluations (Pre, Post and Future)
- ♥ On Creating Consciously
- ♥ Nutritarian Food Program
- ♥ Empowered To Heal

A unique, original syntheses of science, psychology, Naturopathic medicine and theology, rich with insights from the ancient Aramaic language, especially 1st century Aramaic Forgiveness. A workshop that offers practical, workable *tools for self-healing* and putting an end to recurring life patterns.

**A clear message of hope for healing our human family!
TOOLS WITH WHICH LIFE CAN BE TOTALLY RECREATED!**



“THE LAST SET OF SELF-HELP TOOLS YOU WILL NEED TO USE”

Contact dr. michael ryce (954) 205-4996

P O Box 1901, Bristol, TN 37621

FREE APP: “HeartLand Aramaic Forgiveness” in App Stores

FREE BOOK: Download at www.whyagain.org/book

FREE 5 day/week support on Nedl from Noon-2 PM EST

Download the NEDL App, register and select MindShifters Radio!

Here are the TWENTY workshop topics and a Wellness Meditation (they can be ordered separately at www.whyagain.org/shop/) you will receive as streaming videos in the approximate order they were created over the last 40+ years. If you watch them in order you will see many of the underlying ideas as they took shape and became what the work is today. Each workshop is built on the proceeding work. You might find it interesting to watch all 3 versions of *Why Is This Happening To Me... Again?!* as well. Hope you have as much fun watching me "mature," as I

do and, if you listen to the last 15 years of the 5 day a week, MindShifters Radio Show archives you can follow, and be a part of that progression as the show goes on! To listen live, chat and ask questions live on the show, download the NEDL APP, register and select "MINDSHIFTERS RADIO" as a favorite and you will get a text reminder for live shows. (Workshop times below are approximate)

1. 1987 Original (4-hr) *Why Is This Happening To Me... Again?!*
2. **Wellness Through Stillness** 20 minute meditation
3. **Healing Through Relationships** (2 hr)
4. **On Creating Consciously** (2 hr)
5. **Introduction and Advanced Understanding of ACIM** (1.5 hr)
6. **The New Beginning ACIM** (1 hr 20 min)
7. **Empowered to Heal** (2 hr)
8. **Purpose Personal Power & Commitment** (2 hr)
9. 2009 **Naturopathic Keys to Health** (2 hr)
10. 2009 **MindShifters and Introduction to StillPoint Breathing** (1 hr)
11. **Communication Did You Hear What I Think I Said?** (2 hr)
12. **Getting the Stress You Need** (2 hr)
13. **Laws of Living** (2 hr)
14. **Mind-Body Bio-Energetics** (2 hr)
15. **The Circle of Life & How To Play It** (2 hr)
16. **CoDependence to InterDependence** (2 hr)
17. 2015 **What Is The World ACIM** (2 hr)
18. 2015 **Aramaicisms** (4 hr)
19. 2016 (4 hr) *Why Is This Happening To Me... Again?!*
20. 2016 (2 hr 40 minute) *Why Is This Happening To Me... Again?!*
21. 2017 **The Name of God Is My Inheritance ACIM** (2 hr)

RESOURCES...

Here are a cache of links to free resources...

 What Is The World? How Do I Forgive... <https://youtu.be/fFPn8heN21Q>

 My Commitment. 

I promise to TRUST you enough to tell you the Truth, to be true to you and always engage in just and fair behavior with you. I commit to always be sweetness in your life, to nurture you daily and treat you LOVINGLY, Gently and with Respect in my thoughts, words and actions, whether in your presence or not.


In every interaction I commit to affection for you, to look for and acknowledge the highest and best in you and, as I surrender to LOVE, our true nature, I will use only voice tones and language that reflect my deep caring for you.

My connection to Love, our Source, gratitude for my relationship with you and our Serenity will always be more important than any issue. I open my Being to embrace you in my Love, I open my Being to be embraced in your Love.

If anything I have committed to here sounds hollow, or anything unlike LOVE comes up in me, I will hold us in my Heart and listen as I learn to give up any denial and learn speak, experience, be RESPONSE-ABLE for and Forgive my own realities. I am here for and with you. I promise to speak only Truth to you as I keep communication open and keep LOVE Conscious, Active and Present AS WE HEAL, CELEBRATE LIFE and GROW TOGETHER

dr. michael ryce, www.whyagain.org

YouTube link...https://youtube.com/c/michaelryce_WhyAgain

The world's only Forgiveness App... Search  "HeartLand Aramaic Forgiveness" in your App store and follow these instructions...

App instructions <https://youtu.be/MQRBT3XTING>

Archives of a thousand+ free videos on our YouTube channel... www.youtube.com/MichaelRyce_WhyAgain
(please like, join and share the channel!)

For over 5,000 hours of MindShifters Radio archives... <https://whyagain.org/mindshifters-radio-show-player-for-archives/>

For instructions on navigating our 20,000+ page website with worksheets, articles and all kinds of resources... <https://youtu.be/FCQrZAHqJYM>

And here is a link to our MindShifters Radio Shows that parallel AA principles... <https://whyagain.org/mp3s-on-12-steps-and-forgiveness/>

In Smiles and Blessings michael and Jeanie

dr. michael ryce - HeartLand Aramaic Mission | P O Box 1901 | Bristol, TN 37621 US

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