



A Physical Form of Forgiveness Has Been Invented!

GOOD AFTERNOON to the, "Why Is This Happening TO ME... AGAIN?!" Community!

Be sure to scroll down for a link to a powerful interview that introduces PHYSICAL FORGIVENESS!

Rumi - 13th Century Sufi poet: "Love is the cure, Your pain will give birth to more pain until your eyes exhale Love as effortlessly as your body yields its scent."

After 45+ years of working with 1st Century Aramaic Forgiveness, the core truth we have found is that Forgiveness has nothing to do with the Greek idea that everyone else is to blame for what is happening inside of me, and I should "forgive," "let them off the hook" for what is clearly happening inside of me...AGAIN!

If one is actually going to change their internal conditions it is going to take going inside to remove that pain producing energy. An externally directed energy will never change an internally generated experience! A correct definition of Forgiveness needs to be understood if one is ever going to engage in the process.

FORGIVENESS IS THE TOOL WITH WHICH I COLLAPSE THE FALSE CONSTRUCTS OF MY MIND SO THAT I CAN ACCESS AND REMOVE THE ENERGETIC PATTERNS OF PAINED CONTENT RESIDING THERE!

? Here are a variety of links that outline the latest resources related to 1st Century Aramaic Forgiveness ...

FREE:

- Why Is This Happening TO ME... AGAIN?! — Book in 9 languages!
- The latest 3 hour workshop
- PowerPoint
- Resolving generational traumas
- The World's ONLY Forgiveness App
- ? My Commitment. ?
- Hundreds of videos
- Over 5,000 hours of MindShifters Radio Shows
- A powerful video interview with Dr. Patrick McGhan that explains the physical Forgiveness impact of a device called the AVACEN

?A fun 4-minute video on managing the output of the mind... So, it stays on track... Aramaic... "The eye is the lamp of the body."

<https://youtu.be/rmvENamNBak?si=fxYLSAkIEyPpbri9>

Why Is This Happening To Me . . . AGAIN?! book download in 9 languages... <https://whyagain.org/book>

Why Is This Happening To Me . . . AGAIN?! ...and What You Can Do About It! Workshop

https://youtu.be/ZQ_4NvNftdk?si=Z1tdCj0fM82sb9H1

? Here is a 24-minute PowerPoint on dr. ryce's "how to" of Forgiveness:

<https://youtu.be/HNybssMwyQo>

? Here is the link to an awesome piece of work, a powerful opening, in the healing of generational physical and emotion trauma...

https://whyagain.org/wp-content/uploads/2012/11/Magda_AncestralLetter.mp3

Listen to MindShifters Radio live, and access over 5,000 hours of the show (on the bottom or to the right of the page)

<https://whyagain.org/mindshifters-radio-the-forgiveness-doctor/>

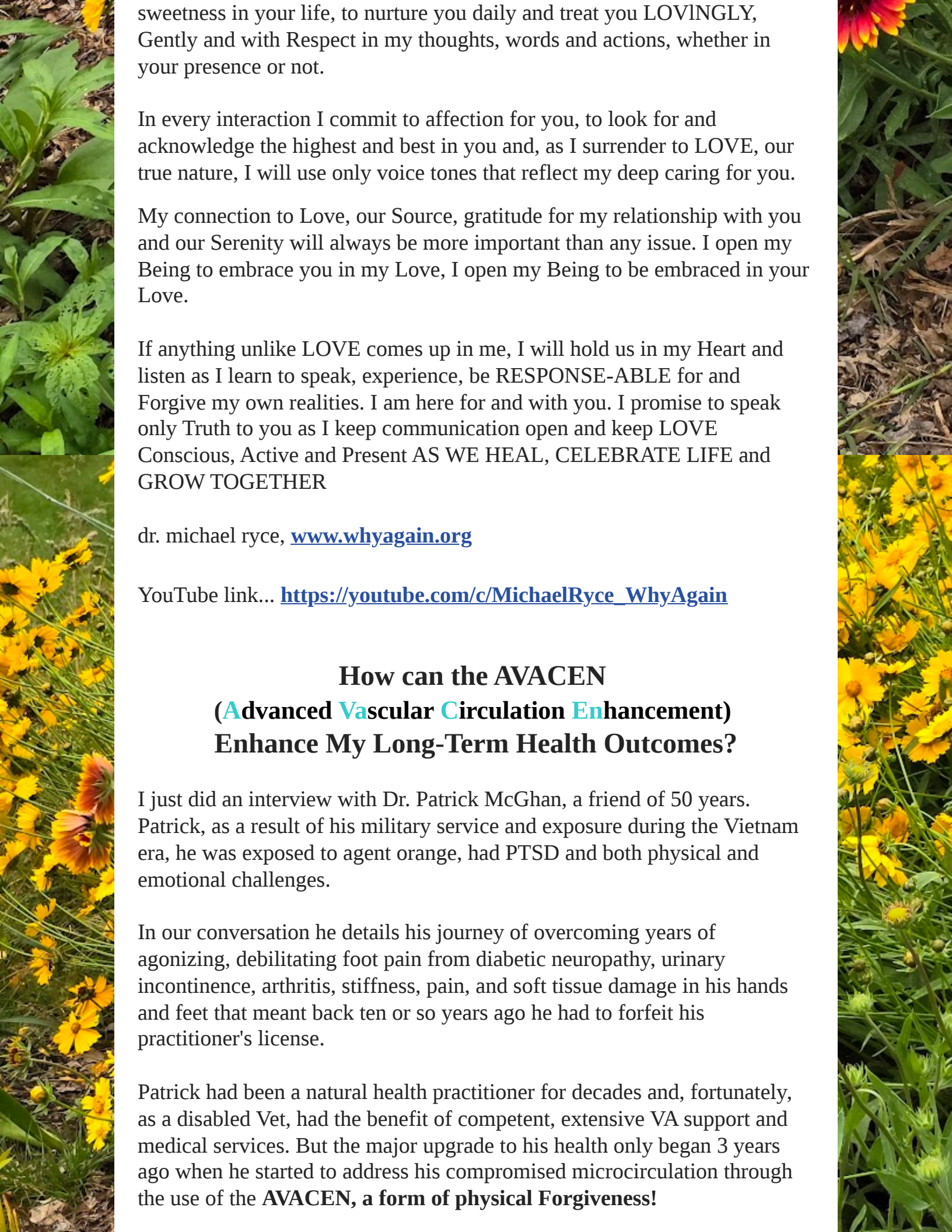
And, Enlightenment: A Study of our published work from the 2nd Century Aramaic Khaburis Manuscript: From 1-2 PM EASTERN Time 5 days a week, call into MindShifters Radio at 563-999-3581 (press 1 to talk) and the ARCHIVES are at... www.whyagain.org/enlightenment-study

The World's only Forgiveness App... Search "HeartLand Aramaic Forgiveness" in your iPhone App store or Google PlayStore.

The MASTER TEACHER for you, is inside of YOU! ?

? My Commitment. ?

I promise to TRUST you enough to tell you the Truth, to be true to you and always engage in just and fair behavior with you. I commit to always be



sweetness in your life, to nurture you daily and treat you LOVINGLY, Gently and with Respect in my thoughts, words and actions, whether in your presence or not.

In every interaction I commit to affection for you, to look for and acknowledge the highest and best in you and, as I surrender to LOVE, our true nature, I will use only voice tones that reflect my deep caring for you.

My connection to Love, our Source, gratitude for my relationship with you and our Serenity will always be more important than any issue. I open my Being to embrace you in my Love, I open my Being to be embraced in your Love.

If anything unlike LOVE comes up in me, I will hold us in my Heart and listen as I learn to speak, experience, be RESPONSE-ABLE for and Forgive my own realities. I am here for and with you. I promise to speak only Truth to you as I keep communication open and keep LOVE Conscious, Active and Present AS WE HEAL, CELEBRATE LIFE and GROW TOGETHER

dr. michael ryce, www.whyagain.org

YouTube link... https://youtube.com/c/MichaelRyce_WhyAgain

How can the AVACEN (Advanced Vascular Circulation Enhancement) Enhance My Long-Term Health Outcomes?

I just did an interview with Dr. Patrick McGhan, a friend of 50 years. Patrick, as a result of his military service and exposure during the Vietnam era, he was exposed to agent orange, had PTSD and both physical and emotional challenges.

In our conversation he details his journey of overcoming years of agonizing, debilitating foot pain from diabetic neuropathy, urinary incontinence, arthritis, stiffness, pain, and soft tissue damage in his hands and feet that meant back ten or so years ago he had to forfeit his practitioner's license.

Patrick had been a natural health practitioner for decades and, fortunately, as a disabled Vet, had the benefit of competent, extensive VA support and medical services. But the major upgrade to his health only began 3 years ago when he started to address his compromised microcirculation through the use of the AVACEN, a form of physical Forgiveness!

Now re-licensed and back in practice in the Tampa Bay area, Patrick shares his powerful story of recovery.



PS... Listen from the 42-minute mark to hear Patrick's professional assessment of the new, three day Personal, One on One Quantum StillPoint Intensives I am conducting with individuals in Bristol, Virginia.

How The AVACEN Works

Straight up, the AVACEN, in my opinion, hand in hand with 1st Century Aramaic Forgiveness and StillPoint Breathing are the safest, most powerful, non-invasive, drug free, whole-body treatment and health protocols in history!

How does Single Point Treatment work? How could putting one hand in the AVACEN create relief and promote oxygen, nutrient and blood delivery throughout the body and, at the same time improve waste removal and elimination? The picture below, taken by researchers at San Diego State University, tells the whole story!

What you are looking at in the first picture is a close up of the capillary bed of a person's ring finger. The slightly visible red streaks are the quantity of blood naturally present in that untreated capillary bed.



The second picture is of the same tissue taken after a 20-minute AVACEN treatment ON THE OTHER HAND! Note the huge increase in the amount of blood present in the capillaries — and note — the opposite hand was the one being treated! The pictured increase in blood flow was on the opposite side of the body, not touched by the Device. Each treatment with the AVACEN provides a gentle, non-invasive improvement in blood flow. Each treatment delivers a increased supply of oxygen and nutrient rich blood to the whole body — to the brain, every organ, every injury, every cell.

The AVACEN creates — in a comfortable, easy setting that can be carried out while engaged in other activities such as telephone use, watching TV, or reading — whole body capillary stimulation! This understanding is of utmost importance when you realize the only blood vessels that directly impact the cells are *capillaries*. It is capillaries that deliver oxygen, nutrition, enzymes, hormones and other blood factors to the cell, hence, every cell in the body is potentially impacted each time the AVACEN is used.

It is estimated that 80% of the population over the age of 40 may have moderate to extremely serious, CORRECTABLE, through the use of the AVACEN, micro-circulation problems! These challenges, which are a principal contributing factor to almost every illness, including diabetes, hypertension, migraines, vascular disease, atherosclerosis, kidney disease, Alzheimer's, pain, stiffness, immobility, early aging and degeneration. Injuries often interrupt micro-circulation and most non-injury related pain can be traced to compromised micro-circulation that results in a lack of oxygen to the tissue. It is estimated that just a 5% restriction in oxygen delivery results in excruciating pain in the cell! Restore oxygen and nutrients and comfort is reconstituted in the cell.

There are devices that work, using invasive and unnatural means to impact micro-circulation. But the AVACEN is the only Class II FDA cleared medical device that naturally, using the body's own mechanisms, reaches directly, and deeply into the whole bloodstream to enhance well-being throughout the body... from within.

When we bought our first device, 3 years ago, we paid \$3495.00 with a 3 year warranty. Considering the impact it has had on both Jeanie and I, the return, in improved health, has been an incredible investment!

The AVACEN HOME Device, with a 1-year warranty, normally sells for \$2995.00 and is discounted, for this sale, to \$2024.00.

The AVACEN HOME+ Device, essentially the same as the Home Device above, except for its color, and it's 3-year warranty, normally sells for \$3495.00 and, for this sale it is \$2524.00.

(I recommend the 3-year warranty, and there is a small shipping fee added to each Device)

Of course, if you choose to purchase a device, please use our link below, we will benefit from a commission which will go to expanding our Forgiveness work on a global scale.

If you are not sure how the AVACEN might impact your life, there is a 30-day, no questions asked trial period! If you do not realize significant benefits from the machine, simply inform me, and we will arrange a return. There is a 10% restocking fee (\$202.00/\$252.00 respectively plus return shipping) which I offer is very little to risk for a 30-day tryout to see what the potential benefits might be to you.

Here is our link:

<https://shop.avacen.com/MindHeartandBeing>

— Select the "SHOP NOW" button. The Device on the top left is the AVACEN HOME (net \$2024) and the Device just to the right is the AVACEN HOME+ (net \$2524). Sale expires May 31, 2024.

— Click on the Device you want and then add it to your cart and check out.

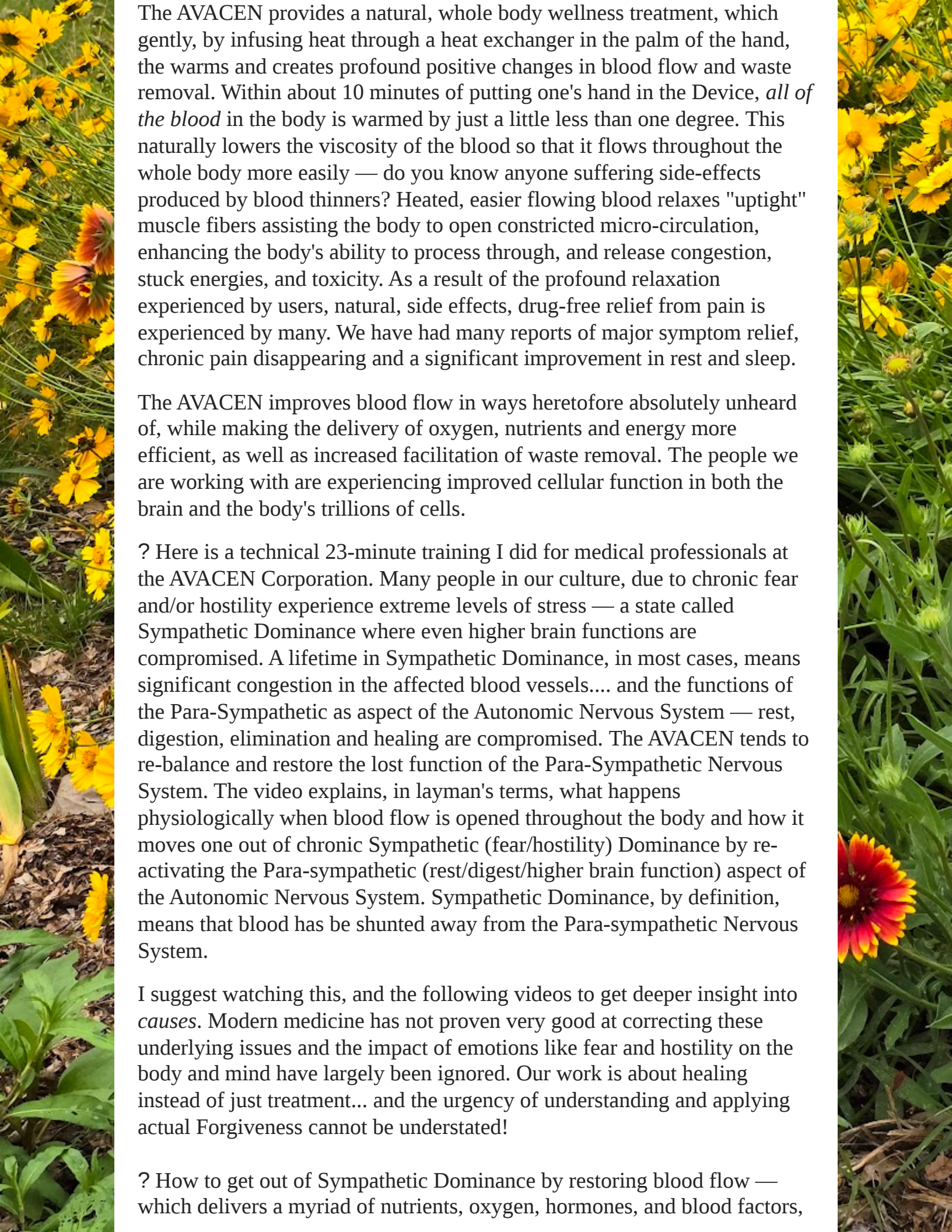
— During checkout, use the code MH2024 on the final payment screen and the price will be reduced accordingly.

— The Device can be paid for, depending on your credit, over as long as 36 months, with as little as zero % interest!

The menus can be a little tricky and you are welcome to call me, or send Jeanie (jeanie@whyagain.org) a note, with your phone number, and I'll call and walk you through the purchase.

For the last thirty years we have only sent health information related to our 1st Century Aramaic Forgiveness work in this Newsletter. In order to keep you informed on the best information we have, we are including AVACEN because it is the most powerful, non-invasive, whole body treatment Class II Medical Device that I have seen to date. It is cleared by the FDA for relaxation and pain relief, but, as you listen to the interview I did with Dr. Patrick, there is so much more to it! We are sending this information because of the profound effect we have seen on both my own (pain from injuries sustained 40+ years ago - gone after 6 months), and Jeanie's health (gray roots turning dark after two decades of being grey??!!). This device is in perfect alignment with our Forgiveness work as it is a form, as I have come to understand it, of physical "Forgiveness," (removal) which directly relates to what we have developed over the last 50 years.

Jeanie and I have personally been using the AVACEN for over three years now and offer it as the most profound non-invasive adjunct to maintaining overall health that I have seen in 50 years of developing this work.



The AVACEN provides a natural, whole body wellness treatment, which gently, by infusing heat through a heat exchanger in the palm of the hand, warms and creates profound positive changes in blood flow and waste removal. Within about 10 minutes of putting one's hand in the Device, *all of the blood* in the body is warmed by just a little less than one degree. This naturally lowers the viscosity of the blood so that it flows throughout the whole body more easily — do you know anyone suffering side-effects produced by blood thinners? Heated, easier flowing blood relaxes "uptight" muscle fibers assisting the body to open constricted micro-circulation, enhancing the body's ability to process through, and release congestion, stuck energies, and toxicity. As a result of the profound relaxation experienced by users, natural, side effects, drug-free relief from pain is experienced by many. We have had many reports of major symptom relief, chronic pain disappearing and a significant improvement in rest and sleep.

The AVACEN improves blood flow in ways heretofore absolutely unheard of, while making the delivery of oxygen, nutrients and energy more efficient, as well as increased facilitation of waste removal. The people we are working with are experiencing improved cellular function in both the brain and the body's trillions of cells.

? Here is a technical 23-minute training I did for medical professionals at the AVACEN Corporation. Many people in our culture, due to chronic fear and/or hostility experience extreme levels of stress — a state called Sympathetic Dominance where even higher brain functions are compromised. A lifetime in Sympathetic Dominance, in most cases, means significant congestion in the affected blood vessels.... and the functions of the Para-Sympathetic as aspect of the Autonomic Nervous System — rest, digestion, elimination and healing are compromised. The AVACEN tends to re-balance and restore the lost function of the Para-Sympathetic Nervous System. The video explains, in layman's terms, what happens physiologically when blood flow is opened throughout the body and how it moves one out of chronic Sympathetic (fear/hostility) Dominance by re-activating the Para-sympathetic (rest/digest/higher brain function) aspect of the Autonomic Nervous System. Sympathetic Dominance, by definition, means that blood has been shunted away from the Para-sympathetic Nervous System.

I suggest watching this, and the following videos to get deeper insight into *causes*. Modern medicine has not proven very good at correcting these underlying issues and the impact of emotions like fear and hostility on the body and mind have largely been ignored. Our work is about healing instead of just treatment... and the urgency of understanding and applying actual Forgiveness cannot be understated!

? How to get out of Sympathetic Dominance by restoring blood flow — which delivers a myriad of nutrients, oxygen, hormones, and blood factors,

as well as enhancing waste removal in congested and constricted tissue.

AUDIO — <https://whyagain.org/wp-content/uploads/2022/04/DrRyceAVACENandParasympatheticActivation.mp3>

VIDEO — <https://youtube.com/watch?v=3mNYhUcvdiY&feature=share>

Here are a few more links about the operation of the AVACEN:

Richard Carlson, MD, explains improved oxygen release from warmed blood, increased growth factors and dilation of blood vessels from improved nitric oxide and oxytocin production provided by the AVACEN.

"This Device is a gold mine, copper mine, diamond mine, silver mine... riches that promote healing and well-being!" says Carlson.

<https://youtu.be/Q6iB5ap4tKA?feature=shared>

Parkinson's relief:

<https://youtube.com/shorts/XqM96jG1k4U?feature=shared>

Relief from the extreme pain of Sickle Cell Anemia

<https://youtu.be/urWt7tstxOw>

? Continuation of how it works:

<https://youtu.be/aBs877g4O-k?si=RJscxvhuAVKPA0q6>

https://youtu.be/FzSIGNS_PJM?feature=shared

? Steven Gabriel, MD explains: <https://youtu.be/PvFewrNA1e0?feature=shared>

? A short video with individuals sharing their experiences with the AVACEN: <https://youtu.be/3TRX6tsTdGA>

? Hand heating lowers postprandial (after a meal) blood glucose concentrations: A double-blind randomized controlled crossover trial using the AVACEN:

<https://pubmed.ncbi.nlm.nih.gov/32147036/>

Here is a link to our website with additional information and an article I wrote on the AVACEN. There is an extended explanation for those who want to dig deeper. If the AVACEN is of no interest to you but you want to know how to get the best health outcomes possible in your life, you will still benefit greatly by understanding the information presented!

www.whyagain.org/AVACEN

In Smiles and Blessings michael and Jeanie Ryce ?

AVACEN SYMPATHETIC PARA-SYMPATHETIC

(Article written by *dr. michael ryce*)

<https://whyagain.org/avacen/>

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