

Physiological Effects of Emotional Suppression

WE ARE DESIGNED TO HAVE A HOME IN RUKHA D'KOODSHA,

♥ The Eternal Force Of Love, An Actual Human Life looks like: ♥

Enthusiasm > *"I Love life! I'm excited!"* En-Theos (In Love - think Newborn)

Our Birthright - To live full of Love, power, genius and aliveness.

When dis-integrative energy is introduced it tends to lock into tissue and creates disturbance on a cellular level.

When denial and dissociation occur dis-ease thoughts tend to lock into: > **THE EFFECTED GLAND**

Y O U T H I N G ♥ H E A L I N G	↑	<p>ENTHUSIASM - Shuts down organ with thoughts like: > "What is wrong with me?" Self blame accompanied by guilt/shame and degrading thoughts of self. > Tends to effect the PINEAL</p>	↓	A G I N G ? NO! Learned, Self Imposed D I S - E A S E
	<p>PAIN - Shuts down organ with thoughts like: > "This hurts. I'm not allowed to feel!" Accompanied by humiliation. > Tends to effect the PITUITARY</p>			
	<p>Antagonism - "Vengeance - I will get you!" Accompanied by threat. Overt Hostility - "I will hurt you!"</p>			
	<p>ANGER - Shuts down organ with thoughts like: > "I must hide my rage or they will kill me!" Self medication with anger. > Tends to effect the THYROID</p>			
	<p>Covert Hostility - "Oops, I didn't mean to do that!" Learned deceit.</p>			
	<p>FEAR - Shuts down organ with thoughts like: > "I am terrified I am going to be hurt - AGAIN!" > Tends to effect the THYMUS</p>			
	<p>Propitiation - "I am being forced and hate it!" Defined by TS Elliot - "Tis the highest (and most deadly) treason, to do the right thing for the wrong reason!"</p>			
	<p>Sympathy - "I have a pain just like yours. Let's intensfy our pain by suffering together!" Negative identification with others.</p>			
<p>GRIEF - Shuts down organ with thoughts like: > "I am sad, overburdened and hurt!" (By my unconscious self imposition of dissociated pain.) > Tends to effect the PANCREAS and ADRENALS</p>	↓			
<p>APATHY - Shuts down organ with thoughts like: > "There is nothing meaningful I can do. Why are <i>they</i> doing this to me . . . AGAIN?! I am a hopeless, helpless victim! I am alone." > Tends to effect the SPLEEN</p>				
<p>UNCONSCIOUSNESS - Shuts down organ with thoughts like: > "I don't know, I have no idea. I am in a fog, I don't understand." > Tends to effect the GONADS</p>				

Non-Being > Once the "death" of Being occurs, "physical" death takes up to +/-100 years. Death is a result of purposely instilled, unconsciously driven Non-Human insanity based fear and/or hostility. Healing, the return to our Natural State, Love and Enthusiasm, is the systematic, ongoing removal (Forgiveness) of everything unlike our True Nature and the return to Being 24/7/365. This is not only possible, but inevitable for every mind, heart and Being on the planet! Youthing is the climbing up and out of the insanity!

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